Choose the categories you believe have the greatest eternal implications in your life and write 1-2 things you would like to change or improve in those areas of your life.

| FAMILY | PERSONAL DEVELOPMENT | | |
|--|-------------------------------|--|--|
| COMPANISONSHIP / INTIAMATE RELATIONSHIPS | COMMUNITY SERVICE CITIZENSHIP | | |
| FRIENDSHIPS | SPIRITUAL | | |
| FUN & RECREATION | BUSINESS / CAREER | | |
| HEALTH | FINANCES | | |

| "In the end, it's not the years in your life that count. It's the life in your years." -Abraham Lincoln | |
|--|--|
| What is your current age? What age do you think you will die? | |
| Between now and the age you have identified you think you are going to die, List some specifics of what you hope each category you had previously identified will look like. | |
| FAMILY: | |
| FRIENDSHIPS: | |
| FUN & RECREATION: | |
| HEALTH: | |
| PERSONAL DEVELOPMENT: | |
| SPIRITUAL: | |
| BUSINESS / CAREER: | |
| FINANCES: | |
| COMPANIONSHIP / INTIMATE RELATIONSHIPS: | |
| COMMUNITY SERVICE/ CITIZENSHIP: | |
| Imagine you have 10 extra years added to your life. Using the categories you have previously select- | |
| ed, write down what you would do with your life during those extra years. | |
| <u>Category</u> <u>What It Would Look Like</u> | |
| 1:: | |
| 2:: | |
| 3: | |
| 4. : | |

Transfer the categories you identified you would focus on if you added extra years in your life to the top of each heading.

Next, write down what each of those categories would look like working backwards if they were going to look like you wanted them to when you reach the end of your life.

Finally, write down any fears that may keep you from living the way you have identified.

| c | Category 1: | (| Category 1 Fears |
|----------|-------------|-------------|------------------|
| 25 years | | - | |
| 10 years | | | |
| 1 year | | | |
| | | | |
| o mos. | | - | |
| c | Category 2: | | Category 2 Fears |
| 25 years | | - | |
| 10 years | | - | |
| 1 year | | - | |
| 6 mos. | | _ | |
| | | | |
| | Category 3: | | Category 3 Fears |
| 25 years | : | - | |
| 10 years | | - | |
| 1 year | - | - | |
| 6 mos. | | - | |
| | Category 4: | • | Category 4 Fears |
| 25 yea | and and | | |
| 10 yec | irs | | |
| · | ar | | |
| | | | |
| 6 mc | S | | |

Copy the following statement in your own handwriting and select 3-5 people you will share the eternal goals you have identified in these worksheets with.

| I have thoughtfully considered the areas of my life where I want to make changes in order to have a greater eternal impact in those areas of my life. I fully commit to making the necessary changes in my I right now in order to successfully reach the goals I have written down. I dont expect to make these changes all at once, but am committed to taking small steps in order to succeed. The first small step I a going to take toward making these changes in my life will be to share the eternal goals I have identified with the following people within the next two weeks. | am |
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| | |
| The people I have chosen to share this with are: | |
| | |
| | _ |
| | _ |
| | |
| | |
| Stancture: Date: | |